PRESENTED BY **TOUR DE BIENNALE** VANCOUVER BIENNALE VANCOUVER BIENNALE COMMUNITY (GRAN FONDO) ARTS COUNCIL OF VANCOUVER BIKEnnale WALKennale 102 KM / 1567 METRES ELEVATION 5 - 6 HOURS CYPRESS BOWL RD WESTPORT RD CHIPPENDALE RD CHARTWELL DR CROSS CREEK RD HIGHLAND DR SOUTHBOROUGH DR TRANS CANADA HWY MARINE DR BELLEVUE AVE SPIRIT TRAIL LIONS GATE BRIDGE WELCH ST STANLEY PARK DR MT SEYMOUR PKY DOLLARTON HWY STANLEY PARK CAUSEWAY SECOND NARROWS BRIDGE BEACH AVE UNION ST ADANAC ST **BURRARD BRIDGE** SEASIDE BIKE ROUTE

& CYCLING

TOUR DE BIENNALE (GRAN FONDO)

By Vancouver Biennale

102 KM / 1567 METRES ELEVATION 5 - 6 HOURS

ABOUT THE ROUTE

Which fondo is right for you?

A **Corto Fondo** is ideal for first timers, those starting to cycle some longer distances, young families, and groups.

A **Medio Fondo**, a shorter-distance ride, is aimed at riders who are participating in a road-cycling event for the first time.

A **Gran Fondo**, meaning "Big Ride," usually refers to an endurance ride of more than 100 km.

Cycling Tips and Safety

- Use bike lights and wear a helmet.
- Use designated bike lanes and routes, whenever possible.
- Ride at a leisurely pace and yield to pedestrians.
- The Motor Vehicle Act and city bylaws apply to cyclists. Please follow the rules of the road.
- Cycle predictably, and signal when turning or moving between lanes.
- Leave space when passing parked cars, and watch out for people opening their vehicle doors.
- Always carry spare tubes, pump, and puncture repair kit.
- When passing, ring your bell or yell "ON UR LEFT!"

ROUTE STOPS

1	VOXEL BRIDGE - JESSICA ANGEL	Under Cambie Bridge South
2	VORTEX - JESSICA ANGEL	Hinge Park
3	HONEY'S DOUGHNUTS & GOODIES	4373 Gallant Ave, North Vancouver
4	FREE WHEELING - SHARON PERKINS	4360 Gallant Ave, North Vancouver
5	CYPRESS BOWL ROAD	Cypress Bowl Rd. & Chippendale Dr.
6	WHYTECLIFF PARK	7210 Arbutus Rd., West Vancouver
7	DELANEY'S COFFEE HOUSE	2424 Marine Drive, West Vancouver
8	STANLEY PARK	Stanley Park



A-MAZE-ING LAUGHTER - YUE MINJUN





1800 Morton Ave









