

## WE ARE OCEAN VANCOUVER CYCLING TOUR

By WE ARE OCEAN VANCOUVER

12 KM  
50 MINUTES | PAY PARKING AVAILABLE

### ABOUT THE TOUR

This cycling tour is based on the educational program WE ARE OCEAN VANCOUVER. Led by **T'uy't'ananat Cease Wyss** and **Olivier Salvat**, the online program focuses on Indigenous knowledge of the ecosystems that affect Squamish, Tsleil-Waututh and Musqueam First Nations land. In a series of four YouTube videos, students learn about Indigenous plant and marine life, the impacts of colonization, and ideas for decolonization activities that support ocean health. All parents, teachers and students are invited to participate for free.

Today you'll embark on a cycling journey through Stanley Park from an Indigenous perspective. We hope you'll take a brief stop at each point of interest to learn some history of the land and explore the direct relationship between the ocean and the forest. Activities for children are included throughout to expand on the learning opportunities.

### ROUTE STOPS

- 1 **A-MAZE-ING LAUGHTER - YUE MINJUN**
- 2 **LOST LAGOON JUBILEE FOUNTAIN**
- 3 **BROCKTON POINT**
- 4 **LUMBERMEN'S ARCH**
- 5 **BEAVER LAKE**
- 6 **SIWASH ROCK**
- 7 **THIRD BEACH**
- 8 **SECOND BEACH**





## #1 - A-MAZE-ING LAUGHTER

### ***A-maze-ing Laughter***

**Yue Minjun**

**2009-2011 Vancouver Biennale exhibition**

*A-maze-ing Laughter* was the most beloved sculpture of the 2009-2011 Vancouver Biennale exhibition, captivating throngs of visitors and inspiring endless playful interaction. This artwork is a legacy of the Vancouver Biennale and was presented as a gift to the people of Vancouver, thanks to a generous donation from Chip and Shannon Wilson. It has quickly become an iconic cultural beacon in the city and will continue to inspire and engage the imagination of future generations of residents and visitors from its home in Morton Park.

Having been nominated in the Canadian Institute of Planners' "Great Places in Canada Contest" in 2013, it was the only work of art in the nation to receive a nomination. This beloved installation helped the West End neighbourhood win the 2015 "Great Place in Canada - Great Neighbourhood" Award.

In *A-maze-ing Laughter* Beijing-based artist Yue Minjun depicts his own iconic laughing image, with gaping grins and closed eyes in a state of hysterical laughter, elements that contribute to the artist's signature trademark. The longer one looks at the 14 cast-bronze figures, the more the contradiction of the silent, frozen form of sculpture becomes obvious.



## #2 - LOST LAGOON JUBILEE FOUNTAIN

Did you know that Lost Lagoon has a strong history with Indigenous people? You are standing on the edge of where the ancestors of T'uy't'tanat Cease Wyss lived from 1860 to the 1920s. What was once a tidal pool and true saltwater marsh was cut off from the ocean when the Stanley Park causeway was built in 1928.

Activity: Create a TikTok video or an Instagram reel to showcase the plant life and animals in Lost Lagoon. Share it with us using the hashtag #VanBiennale.

Activity: Google what is a riparian zone?

### **WATCH THE VIDEO**

<https://youtu.be/VplUEfae8Ms>



### #3 - BROCKTON POINT

Activity: Take a few moments to reflect on how you connect with the land.

In the place I am right now, **I see** . . .

In the place I am right now, **I hear** . . .

In the place I am right now, **I smell** . . .

In the place I am right now, **I touch** . . .

In the place I am right now, **I taste** . . .

In the place I am right now, **I am** . . .

Share your thoughts in a short video, write a poem, or draw a picture about how you feel and tag it with **#VanBiennale**.



### #4 - LUMBERMEN'S ARCH

You are standing in the First Nations village site of Xway Xway. Abundant in resources, it was the largest village in what is now Stanley Park. Did you know that the cedar tree is referred to as the Tree of Life by the Indigenous peoples of the Pacific Northwest Coast? It furnishes so many gifts: housing, clothing, transportation, spiritual cleansing, tools, and materials.

Follow along the road (Stanley Park Drive) until the next location (Beaver Lake).



### #5 - BEAVER LAKE

Did you know that salmon DNA has been found in cedar trees? Cedars are one of those amazing plants that connect the ocean to the forest. Some of the richest sources of nutrients come from fragments of fish and shellfish from the ocean.

**Activity:** Think about other ways in which the ocean and forest have a direct relationship.

**Activity:** Think about how warmer temperatures in Beaver Lake impact the wildlife and surrounding landscape. Create a TikTok video on the theme of climate change.

Go back the way you came, joining back onto Stanley Park Drive by taking a left, and as soon as you can take a right back onto the seawall.



### #6 - SIWASH ROCK

In Indigenous belief systems, rocks are ancestors. Legend has it that Siwash Rock was transformed by great mythical creatures.

**Activity:** Take a few minutes to watch the video clip to hear the mythical story about how a man became the giant Siwash Rock.

#### **WATCH THE VIDEO**

[https://youtu.be/-AlecV\\_vPto](https://youtu.be/-AlecV_vPto)



## #7 - THIRD BEACH

Explore the beach and its environment and try to find as many rocks as you can and share them with us! You can opt for small rocks on the sand or in the water or find big rocks! You can also choose to create a piece of land art using Third Beach rocks!

## #9 - FINISH

How can you help? There are several ways in which people of all ages, including students, can help restore, preserve and advocate for ocean health.

- Organize a shoreline cleanup with your friends, family, and classmates.
- Learn how to remove invasive species from your area. Get friends to join you.
- Plant an Indigenous garden in your community.
- Become an advocate for the environment. Use your social media platforms to champion ocean health and efforts to fight climate change.

Participate in WE ARE OCEAN VANCOUVER to learn more!



## #8 - SECOND BEACH

Are there things contributing to ocean pollution that we don't notice? Count the number of tankers you can see. What else can you see that impacts the natural environment?

**Activity:** Take a few moments to watch the video clip and think about ways we can repair ocean health.

### WATCH THE VIDEO

<https://youtu.be/i3xivJ04iXU>

## LEARN MORE

### WE ARE OCEAN VANCOUVER

<https://www.vancouverbiennale.com/learn/programs/we-are-ocean-vancouver/>

### Vancouver Biennale Youtube Channel

<https://www.youtube.com/user/TheVancouverBiennale/featured>